

THE GREAT KINDNESS CHALLENGE

Complete at least 5 Navy Elementary Community / Kindness Acts this quarter

Our goal is to empower students to make a difference in the community no matter how big or small. Together, the Navy community can continue to build a school year full of compassion and thoughtful acts of kindness. Below is a list of ideas but feel free to get creative! There is no need to turn anything in as all students will be on the honor system for pin earning.

Write a letter to someone you know who could use some extra attention. A real letter. With paper!	Chalk a friend's driveway or sidewalk with positive messages. Or your own!	Write a note to a grandparent or aunt or uncle. Tell them about your life and ask them about their life.	Draw or write a card for a resident in a nursing home.
Donate toys and/or books to an organization in need.	Make a thank you note for your postal worker.	Make a thank you note for your garbage collectors.	Collect blankets and towels to donate to an animal shelter.
Donate non-perishable food to a food bank.	Donate warm weather items to an organization in need.	Help a family member with a chore.	Give a hug to someone in your home.
Do something to make an outdoor space more beautiful.	Clean up an area of your house or make your bed without being asked.	Think about how you would like to make the world a better place and draw a picture about it.	Draw and hang a sign in your window for your community to see.
Spend quality time with your pet.	Write a note to your teacher.	Paint and hide kindness rocks.	Send a classmate a compliment.
Do something kind for a neighbor.	Help your family make dinner.	Ask your brother, sister or a younger kid to play with you.	Create and donate care packages for those in need.

Parents: Pin pick-up information will be announced at the end of the quarter. Please upload photos to SmugMug or tag NavyElementaryPTO on social media with #NavyESStrong