



# MESSAGE IN MOTION



## *“Dance Around the World”*

### *8 Week Exploratory Dance Session!!*

*\*Navy PTO Sponsored Event\**

#### **Class Description:**

In our creative movement & exploratory cultural dance class, your child will explore a variety of dance styles from around the world with an emphasis on technique, rhythm, and imaginative play! Dance styles introduced include a variety of styles such as African, Irish, Latin, Bollywood, and even classical styles including ballet, jazz, hip hop, and ballroom! Class will incorporate the use of props, role playing, and imagination to aid in personal expression and creativity with a focus on movement vocabulary, choreography, flexibility and stretching, self discipline, and having fun!! Class culminates with a special parent performance on the last day of the session where students will showcase material they have learned and be presented with a certificate! Get ready to dance around the world!

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**Class Held:** Wednesdays 3:40-4:40 pm

**Fall Session Dates:** Oct 9, 16, 23, 30, Nov 6, 13, 20, Dec 4

For **Boys** and **Girls** grades K-6<sup>th</sup>

**Class min:** 7 students/ **Class max:** 15-18 students

**Cost:** \$152/8 week session

**Register by Oct 2 by visiting:** [navypto.org/programs/asa](http://navypto.org/programs/asa)

Contact Brittani @ 540-339-7589 or Email [messageinmotion@gmail.com](mailto:messageinmotion@gmail.com)

*\*If you are on free or reduced lunch and would like assistance with your After School activities registration fees, please contact [NavyCares123@gmail.com](mailto:NavyCares123@gmail.com)*