

MESSAGE IN MOTION

Spring After School Activities @ Navy Elementary!!

sponsored by the Navy PTO



Musical Theatre Class

Students are introduced to the main components of musical theatre including voice, acting, basic music theory, and dance technique (typically musical theatre jazz/broadway style and/or hip hop.) Learn choreography and staging basics. Use of props, role playing, and imagination to aid in personal expression and creativity. Students work together to learn mini musical routines from both classic Broadway shows like Cats & Annie to more contemporary productions and shows like Wicked, Lion King, High School Musical, and more! Students will showcase what they have learned at an end of session in class parent presentation where they will present 1-2 learned mini musical routines and other material they have learned throughout the session.

Grades K-5

Tuesdays 3:40-4:40 pm

7 Week Session Dates: Apr 9, 23, 30,

May 7, 14, 21, 28



Cheerleading Class

Have you ever wanted to learn the cheers you hear at your favorite team's football or basketball games? Do you love showing school spirit? Then this is the class for you! Cheer your school on to V-I-C-T-O-R-Y while learning all the basics of this sport including motions, jumps, chants and cheers, and mini stunts. Cheers will be customized to Navy Elm, (school colors, mascot, and name incorporated into cheers), so students can carry over their cheers throughout the year at school sporting events! Build on strength flexibility, balance, and overall athleticism while doing activities that build self-esteem and teamwork! Students will showcase what they have learned at an end of session in class "pep rally" for parents!

Grades K-5

Fridays 3:40-4:40 pm

7 Week Session Dates: Apr 12, 26,

May 3, 10, 17, 24, 31

REGISTER BY APR 7th @ <http://www.messageinmotiondance.com/northern-va--dc.html>

\$135/7 week session (1 class/wk) | Class min: (7) students | Class max (15) students

Email Brittani @ messageinmotion@gmail.com

or call/text 540-339-7589 with any questions!

**If you are on free or reduced lunch and would like assistance with your After School activities registration fees please contact NavyCares123@gmail.com*