

# Winter 2017 Dance Classes at Navy *with* Tommie Shaw & Company



## **Beginner Ballet**

**Tuesdays**

**Grades K - 3**

**3:40 - 4:40**

**1/10/17 - 2/28/17**

**Tuition: \$145.00**

[Click here to register](#)

**Or visit [www.tommieshaw.com](http://www.tommieshaw.com), click "Registration", then click "Navy Beginner Ballet"**

Beginner Ballet is designed for younger ballet students of both genders. The curriculum includes basic ballet posture, basic positions of the feet and arms and basic ballet steps that are appropriate for young children. Group movement such as forming circles, lines, and moving in unison will be taught. Students will also learn a ballet piece to be performed on the last day of class. Classical music as well as children's songs are used as accompaniment during the class. Traditional leather or canvas soft ballet slippers are highly recommended (pink or white). Parents are invited to join us on the last day of class for a Parent's Day performance.

## **Hip Hop**

**Wednesdays**

**Grades K - 4**

**3:40 - 4:40**

**1/11/17 - 3/1/17**

**Tuition: \$145.00**

[Click here to register](#)

**Or visit [www.tommieshaw.com](http://www.tommieshaw.com), click "Registration", then click "Navy Hip Hop"**

Hip Hop is a high-energy dance form that uses the latest sounds in rap, R&B, and pop music, and is perfect for boys and girls who love to move! This fun-filled class immerses students in all aspects of motion, developing their balance, coordination and strength, as well as promoting creativity, teamwork, and self-esteem. We use child-friendly music in all of our Hip Hop classes (often Kids Bop), and all movement is age-appropriate. As always, this session's class will feature new music and choreography. Parents are invited to join us on the last day of class for a Parent's Day performance.

## **Cheerleading**

**Thursdays**

**Grades K - 4**

**3:40 - 4:40**

**1/12/17 - 3/2/17**

**Tuition: \$145.00**

[Click here to register](#)

**Or visit [www.tommieshaw.com](http://www.tommieshaw.com), click "Registration", then click "Navy Cheerleading"**

Would you like to lead the cheers on the sidelines for your favorite team? Join our Cheerleading class! We teach students the basics of cheerleading, including motions, cheers, jumps, basic tumbling and simple stunting. During stunting, simple pyramids of only two levels will be taught. As always, this session's class will feature new music and choreography. Parents are invited to join us on the last day of class for a Parent's Day performance.